



Manitoba 

Annual Report 1990-91

**Alcoholism
Foundation
of Manitoba**





Minister of Health

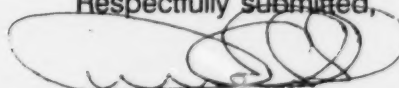
Room 302
Legislative Building
Winnipeg, Manitoba, CANADA
R3C 0V8

His Honour George Johnson, M.D.
Lieutenant-Governor
Province of Manitoba

May It Please Your Honour:

I have the privilege of presenting herewith the Annual Report of the
Alcoholism Foundation of Manitoba for the fiscal year 1990/91.

Respectfully submitted,

A handwritten signature in dark ink, appearing to read 'Donald W. Orchard', enclosed within a large, loopy oval shape.

Donald W. Orchard



PROVINCIAL ADMINISTRATION

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The Honourable Donald W. Orchard
Minister of Health
Winnipeg, Manitoba

Sir:

I have the honour of presenting herewith the Annual Report of the Alcoholism Foundation of Manitoba for the fiscal year 1990/91.

Sincerely,

James Toal
Chairman
Board of Governors

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THE ALCOHOLISM FOUNDATION OF MANITOBA MISSION AND ROLES STATEMENT

Corporate Mission Statement:

The Alcoholism Foundation of Manitoba is the provincial authority responsible for providing prevention and treatment programs related to chemical misuse and dependency to individuals and communities; and for conducting research into the negative effects of substance abuse; and in so doing, for promoting the health and well-being of Manitobans.

Corporate Roles:

AS A SERVICE PROVIDER -- The AFM conducts intervention, prevention, treatment, rehabilitation, research and evaluation programs, including public information, education and training services; and operates clinics, hospitals, centres and offices to deliver such programs.

AS A SPONSOR AND FUNDER -- The AFM enters into agreements with, and makes grants to, government and non-government agencies conducting activities consistent with the mission of the Foundation.

AS A LEADER -- The AFM provides expertise, encouragement and motivation to the community, government and non-government agencies in addressing the problems associated with chemical misuse and dependency; and thereby promotes the health, independence and potential of Manitobans.

Corporate Goals:

To influence attitudes of individuals, communities and policy makers towards resolving the problems of alcohol and drug abuse.

To increase non-residential and day treatment programs while maintaining a basic minimum level of institutionalized services.

To increase emphasis on prevention activities to reduce the misuse and abuse of alcohol and other drugs.

To train and educate professionals and para-professionals to assess, intervene and refer alcohol and drug abusers.

To provide youth treatment services in major centres throughout the province.

CHAIRMAN'S REMARKS

1990/91 was another busy and rewarding year for the AFM and its funded agencies. In early 1991, our Board laid down five prioritized long-term corporate goals and approved a work plan of over 30 short-term objectives to action these goals. Significant progress has been made on these objectives as will be reported throughout this annual report.

I would like to highlight here just a few accomplishments that have been made as a consequence of the planning process and the hard work of AFM staff.

- The Youth Addictions Prevention and Education Fund was approved by the Minister of Health and implemented in 1990/91.
- The first Directory of Manitoba Addictions Services and Programs was published.
- A new Non-Residential Treatment Program was implemented and is currently under evaluation.
- A comprehensive study of school-based prevention and treatment programs was completed in cooperation with Manitoba Education, Family Services and the Winnipeg Police Department.

Many other important program initiatives and changes were completed and/or proceeded with as part of 1990/91 activity in our agency.

In addition, the AFM made many comprehensive presentations to the Alcohol, Drug and Substance Abuse in Manitoba Community Consultation panel which toured the province in January and February 1991. We await its report which is expected in May/June 1991.

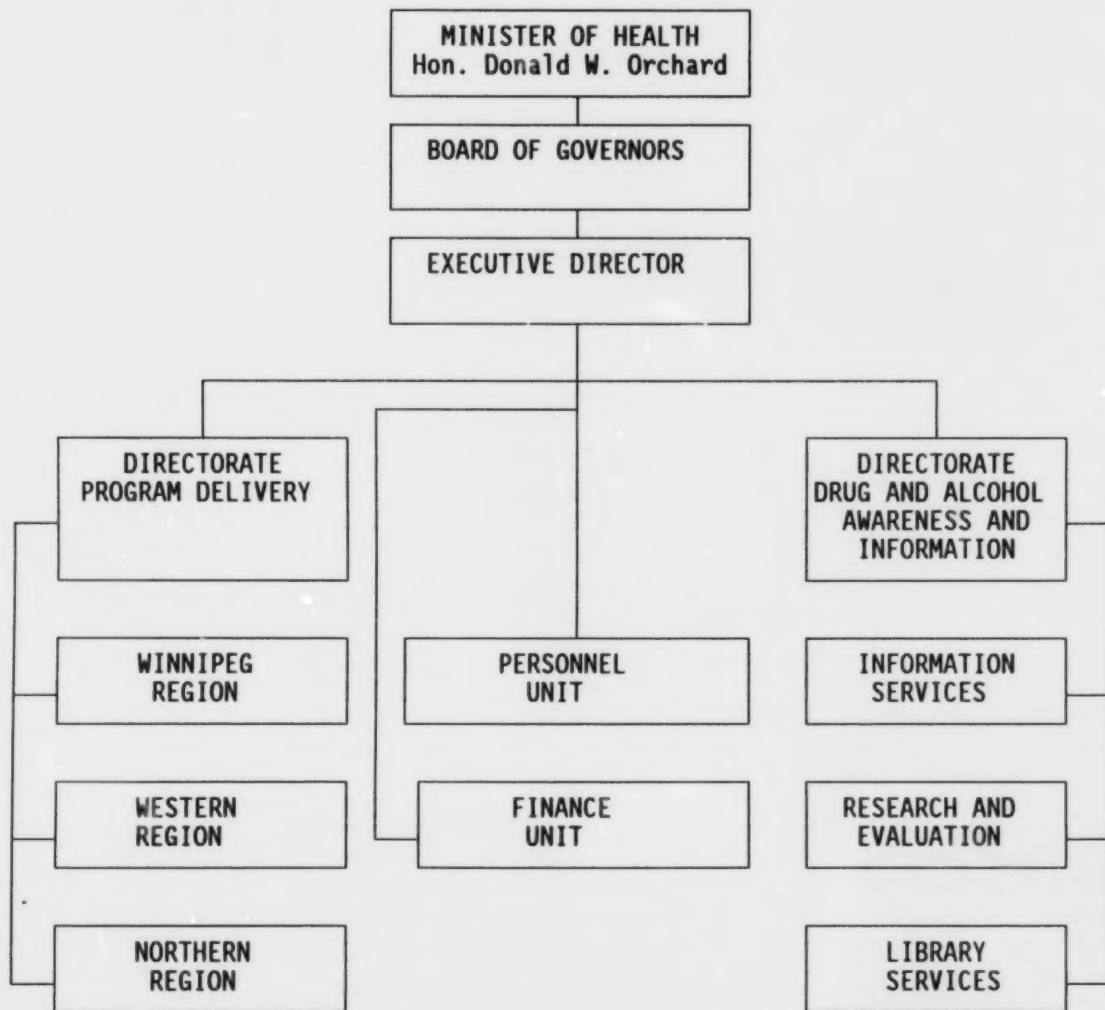
The AFM continues to provide leadership in the alcohol and other drug abuse field, both provincially and nationally. Developing partnerships with community groups, sister agencies, health, education, justice and the medical community, police, care givers and social service agencies plays a vital role within the addictions network. Linkages such as these are essential to ensure that the needs of Manitobans are being met in the area of substance abuse.

Additionally, it is with the ongoing commitment of our Funded Agencies and the province's many self-help groups that Manitoba is provided with a service network for addictions programming. On behalf of the Alcoholism Foundation of Manitoba Board of Governors, I extend many thanks to these dedicated individuals.

My sincerest appreciation is also extended to the AFM Board of Governors and staff, the Regional Advisory Board members and the many volunteers and contributors throughout our province for their ongoing support.

James Toal
Chairman
AFM Board of Governors

**THE ALCOHOLISM FOUNDATION OF MANITOBA
ORGANIZATION CHART**



**THE ALCOHOLISM FOUNDATION OF MANITOBA
BOARD OF GOVERNORS
1990/91**

Mr. James Toal, Chairperson ¹
Winnipeg

Mrs. Jean Burgess, Vice-Chairperson
Brandon

Mrs. Janice Stow, Treasurer ³
Graysville

Mr. Cam Alf ¹
Dauphin

Mr. Bob Jenkins
Brandon

Mr. David Andreychuk
Winnipeg

Mrs. Margaret Mackling ¹
Winnipeg

Mrs. Mary Helen Bryce ¹
Winnipeg

Mrs. Sharon Purvis ¹
Selkirk

Mrs. Lorna Cloutier ¹
Winnipeg

Mr. Frank Rinella ¹
Winnipeg

Mr. Bill Comaskey ¹
Thompson

Mr. Henry Wilson
Thompson

Dr. Derek Fewer
Winnipeg

Mr. Herbert Liffmann ¹
Winnipeg

Mr. Tim Duprey, Executive Director (Ex-Officio)

April - September 1990

Judge Charles N. Rubin, Chairperson ³

Ms Pam Dalkeith ²
Mr. Jalmar Erickson ²
Mr. Elliot Leven ²

Mr. Jim Sanders ²
Mrs. Georgina Schepp ²
Mrs. Vicki Yakemishin ²

¹ Appointed September, 1990

² Term expired September, 1990

³ Resigned February, 1991

THE ALCOHOLISM FOUNDATION OF MANITOBA

SENIOR OFFICERS

Tim Duprey
Executive Director

Dr. Jerry Dragan
Director, Program Delivery

Dave Kennedy
Director, Drug and Alcohol
Awareness and Information

Randy Jakul
Finance Manager

Leslie Vincent
Personnel Manager

REGIONAL ADMINISTRATORS

Herb Thompson
Winnipeg Region

Marston Grindey
Western Region

Glen Gordon
Northern Region

PROGRAM DELIVERY DIRECTORATE

The Program Delivery Directorate provides treatment and prevention programs and services throughout Manitoba. Programs are delivered in residential settings, by community-based and itinerant staff, and through existing community organizations and associations. Specific Directorate activities support and contribute to the goals of the Foundation.

DIRECTORATE HIGHLIGHTS

With the announcement of the **Youth Addictions Prevention and Education Fund**, the AFM invited funding proposals from the community for projects which (a) strengthen the capacity of communities and community-based organizations to prevent alcohol and drug abuse among youth; (b) stimulate public participation at the local level in identifying problems and needs related to alcohol and other drug abuse, and in developing appropriate local responses; and (c) encourage coordinated efforts and the sharing of ideas and resources, by volunteers and professionals, on health-related issues in the youth addictions field.

Four Community Review Boards established across the province are to meet soon after the application deadline of April 1, 1991 to complete the application process.

To enhance prevention services throughout the province, a three-year **Provincial Prevention Objectives** plan was approved and implemented in December 1989. As a result, two major discussion papers were developed: (1) Community Mobilization and its role in AFM prevention services, and (2) a Health Promotion "Wellness" Model of Prevention: the implications of expanding our current prevention approaches to include a health promotion "wellness" model. An in-depth review of these discussion papers will take place in the Fall of 1991.

The **Antigua Youth Alcohol and Other Drug Project** was completed. This project continued a series of cooperative endeavours between the Governments of Manitoba and Antigua through the Canadian International Development Agency (CIDA). The Foundation provided expertise in the development of a substance abuse program for Antigua from a prevention perspective, i.e., a school-based program as part of the school curriculum and a program for the community.

This project has provided (a) recognition in the wider community of AFM's expertise, (b) the potential for AFM-published research and conference presentations, (c) a prototype model and instrument for replication of a provincial youth study within Manitoba.

Disbursements (Unaudited)

Program Delivery Directorate	Actual 1990/91 \$	Estimate 1990/91 \$	Variance \$
	\$8,322,300	\$8,200,300	(\$122,000)

Note: This Directorate has a complement of 161.26 staff years.

WINNIPEG REGION

Winnipeg Region provides services to the Winnipeg, Central, Eastman and Interlake areas of Manitoba.

TREATMENT SERVICES

Intake

All individuals accessing Winnipeg Region's treatment programs are initially assessed by the Intake Units. Intake is offered at 1041 Portage for the male population, at the Women's Centre 586 River Avenue for the female population and in Satellite Offices of Portage la Prairie, Beausejour, Selkirk and Gimli. Staff assess the degree of a client's chemical use or dependency and refer the client to the appropriate helping resource(s). This resource may be an AFM program/service or another alcohol and drug abuse agency and/or self-help group. Additionally the AFM employs a full-time Clinical Psychologist and part-time physicians (1041 Portage and the Women's Centre) who contribute to the assessment process. Intake staff refer clients to these resources when psychological disorders or medical complications/symptoms are evident.

Primary Care

The Primary Care Unit ensures the physical safety of clients while in the final stages of withdrawal from alcohol or other drug use. The Unit has 15 beds (10 men/5 women) and provides medical, psychological and 24-hour nursing care as well as counselling services to those clients who would be at risk if left to withdraw without medical supervision. The Unit allows for early discharge of individuals who have been hospitalized due to chemical dependency by way of transfer to a treatment program. It also allows community physicians to refer chemically dependent patients for observation, on-going assessment and subsequent referral to a treatment program. Length of stay averages four to five days in duration.

Men's Residential Treatment Unit - 1041 Portage Avenue

The Unit has 30 beds and offers 21-day (24 hours a day, seven days a week) programming for chemically dependent men. The criteria for admission is based on the individual's inability to remain abstinent from mood/mind altering drugs in a non-residential setting; difficulty maintaining a healthy level of functioning on a daily basis without using drugs; or inability to access non-residential treatment services within the home community.

Clients receive individual and group counselling services, participate in film presentation, discussions and lectures. Following this portion of the program clients are referred to aftercare treatment. It should be noted that in accordance with a client's individual needs, length of stay in residential programming may be extended if required.

Women's Centre for Substance Abuse: River House

The Centre has 15 beds and offers 21-day (24-hours a day, seven days a week) programming for chemically dependent women. The program offers group and individual counselling sessions, lectures, film presentation and discussion groups. In addition to addressing issues specific to addictions, the program recognizes the complexity of concerns pertinent to a woman's recovery. During the rehabilitation process, links are established to various self-help and community groups for continued support.

Following the treatment program clients are referred to aftercare treatment. It should be noted that in accordance with a client's individual needs, length of stay in residential programming may be extended if required.

Non-Residential Services

Non-residential treatment programs are available to chemically dependent individuals who have sufficient community resources and supports in place to maintain abstinent without entering a more intensive residential treatment setting. Approximately 13 weeks in duration, the program offers individual and group counselling sessions, lectures, film presentations and discussion groups on a gender specific and/or non-gender specific basis. During the rehabilitation process links are established with various self-help and community groups for continued support.

Day Program

The Day Program is designed for individuals who do not require the structured setting of residential care, but do require a more intense program than that offered on a non-residential basis. The program consists of 14 full days of intensive programming. During the rehabilitation process links are established with various self-help and community group for continued support. Following this portion of the program, clients are referred to aftercare treatment.

Aftercare Services

All treatment programs offer Aftercare groups and individual counselling sessions to clients who have completed their primary program. The duration of aftercare is approximately three months, during which time clients are given the opportunity to explore relapse issues; gain further support in problem-solving (alcohol/drug free); explore community supports that may not have been identified in primary treatment; and to review family issues/concerns relative to support resources. Upon completion of the Aftercare treatment the counsellor remains in contact with the client on a follow-up basis for approximately two years.

Family Services Program

Day Program: The Family Services Program provides individual and group counselling primarily for the family and/or significant other of an individual participating in an AFM treatment program. The program consists of crisis counselling, family assessments, referral to community resources, family conferences for chemically dependent clients and their families, structured interventions, as well as a formal treatment program (psycho-educational, experiential and group therapy), and aftercare planning.

Evening Program: The evening program provides education and support to individuals who are affected by the chemical use of a friend or family member. Group and individual counselling sessions are provided.

In addition to the above, Family Services staff provide consultation services to a variety of community agencies and groups.

Seniors Program

The Seniors Program has been designed specifically for seniors experiencing alcohol or other drug problems and for those at risk of developing such problems. The program offers outreach/intake for seniors in their home environment; individual counselling as well as group discussions, aftercare and follow-up.

The program is delivered on-site at 185 Smith Street through the cooperation of Age and Opportunity thus making the program more accessible to seniors.

Youth Treatment Services

Assessment and Treatment Planning: Youth referred to the AFM Youth Services are interviewed initially by an Intake counsellor who gathers background information. As part of the assessment process, specialized assessment instruments are used. Depending on the outcome of the intake assessment process a referral is often made to the week-long High Risk Program which provides an opportunity for further assessment/intervention.

High Risk Program: High Risk is designed to provide basic education about alcohol and drugs, as well as providing opportunities for the client to self-assess their own use and the consequences of this use. The program is one week in duration, offered during the evening. The majority of Youth clients assessed participate in this program, and as required, clients are referred on to a further helping resource such as non-residential, residential or self-help support. Youth requiring residential treatment are referred by the AFM to out-of-province facilities.

Non-Residential Treatment: This treatment program is designed for youths who are chemically dependent. The duration of the program is three weeks and is offered daily in the evening. The program offers individual counselling, group and aftercare sessions.

Parent Intervention Program: Parents whose child is chemically dependent are encouraged to participate in this program. The program is open to parents whether or not their child is in treatment and provides information on chemical dependency, the effect of dependency on the family and how parents can support their child's recovery. Links are established with a self-help group for continued support.

Impaired Drivers' Program

Assessment: An assessment interview to determine the degree of an offender's chemical use is the initial step for offender's accessing the Impaired Drivers' Program. During this interview the offender completes an assessment questionnaire which is discussed with the counsellor along with various issues relative to an offender's chemical use. From this interview the counsellor determines what extent alcohol and other chemicals have interfered in the offender's life. Dependent on the outcome of the assessment, no further action may be required or an offender may be referred to an education workshop, high risk program and/or treatment program. With the offender's authorization assessment results are reported to the Division of Driver and Vehicle Licensing.

Education Workshop: The goal of this one-day workshop is for offenders to develop alternative plans to drinking and driving. The workshop provides accurate information on alcohol and drugs and how use of same affects the ability to drive. It differentiates between drinking and driving behaviours. Offenders at risk of re-offending due to their attitude to driving after drinking are referred to this workshop upon the completion of the assessment process.

High Risk Program: The goal of the High Risk Program is to influence and encourage behaviour change related to chemical usage and life functioning of individuals convicted of impaired driving who have been assessed "at risk" of developing a chemical dependency problem. During the program, offenders increase their knowledge about their own chemical usage and develop a plan of action to address issues identified. This encourages self-directed learning on the part of the offender.

Treatment Program: Individuals identified as being chemically dependent are referred to an AFM Non-residential, Day or Residential treatment program and/or an alternative helping resource.

Satellite Services

Treatment services are offered to individuals within the communities and surrounding areas of Gimli (Interlake), Beausejour (Eastman) and Portage la Prairie and Selkirk (Central). The type of services offered include intake/assessment, non-residential programming, aftercare services, referral, affected persons counselling and follow-up. Impaired Drivers' Program assessment services are also offered in Portage la Prairie and Gimli and surrounding areas.

Prevention and Education Programs

Winnipeg Region provides a broad-range of drug and alcohol related prevention and education services for all target groups including: women, seniors, youth, health care/social service professionals, industry and labour, Community Committees and other groups/organizations. In addition to offering the following "packaged" programs, prevention/education staff respond to a variety of requests to conduct specialized presentations and/or workshops as they relate to the prevention and education of alcohol and other drug issues.

Issues on Substance Abuse and Women

This two-day program provides health care professionals, employee assistance counsellors and other caregivers with increased awareness and understanding of the unique issues which are common to chemically dependent women. Program components focus on skill development in the areas of recognition, intervention, referral and prevention.

Tuning In To Health (TITH)

Tuning In To Health is a preventive alcohol and other drug education curriculum designed for students from grades 2 to 9. The program is divided into three components: Early Years, Middle Years and Junior High, and is recommended by Manitoba Education for use with the Chemical Use Section of the Manitoba Health Education curriculum. Youth Unit staff provide in-service training to teachers who will be using the program and work with Manitoba Education to determine and complete program revisions.

Early Years (Grades 2 to 3) examines issues surrounding hazardous products and medicine; Middle Years (Grades 4 to 6) examines such issues as drugs and decision making; drugs and influences and smoking; and Junior High (Grades 7 to 9) examines and deals with the non-use of such substances as alcohol, tobacco, prescription and over-the-counter drugs and other drugs.

Kids and Drugs

Kids and Drugs is a prevention education program designed for parents and for individuals working with young children who are interested in preventing alcohol and drug problems within this population. The program provides information about alcohol and other drugs and their use; examines the necessary skills and child rearing practices for preventing drug use, and assists parents with the development of prevention goals, plans and activities. The program is delivered by staff based on demand. AFM also provides a facilitator's training program for individuals interested in becoming volunteer leaders.

Youth Intervention Strategy Project

Operating on a pilot basis, the goal of the project is to work with selected Manitoba high schools toward developing and implementing school policy and procedures relative to alcohol and drug abuse;

designing and implementing student assistance programs; training school staff in the recognition, intervention and referral of students with alcohol and/or other drug problems.

Youth and Drugs: An Education Package for Professionals

A three-day workshop targeted toward individuals working with youth. The goal of the workshop is to improve the skills of frontline professional to effectively identify, assess and intervene with adolescents who are developing problems as a result of their use of drugs and alcohol. The workshop also reviews methodologies to assist in the development of community support systems for youth who are experiencing problems with drugs and alcohol.

One To One: Teens Talking It Through

The One To One Program is a week long, live-in peer leadership training program for Manitoba high school students. The program is open to maximum of 60 participants who are selected to attend by their respective schools. The goal of the program is to provide participants with the skills and confidence needed to help other students resolve personal and family difficulties and to promote responsible attitudes toward these problems in schools and communities. One to One just completed its third year and again a major portion of the costs of the program were covered by funds received from the Kiwanis Club of South Winnipeg's Walk-A-Thon.

Alcohol, Drugs and the Aging

This one-day program provides an overview of current issues relating to alcohol and drug problems among the elderly. The program enables formal and informal caregivers to become aware of their attitudes towards the elderly and alcohol abuse. Program components include an overview of the magnitude of the problem, skill development in the areas of identification, intervention, referral processes and prevention.

Community Education Courses

The AFM offers a variety of core alcohol and drug related education courses which are based on the latest research and developments in the drug abuse field. Adult learning concepts and principles are utilized in all courses. Courses are offered on a regularly scheduled basis to helping professionals and the general public. Some of the courses offered include: Chemical Dependency Intervention Course, Counselling Alcoholic Clients, Group Skills for Addiction Counsellors, Presentation Skills/Instructional Techniques, Essential Prevention Concepts and Strategies, Relapse Prevention.

Employee Assistance Programs

The AFM assists employers in developing EAP services and programs as well as providing training for referral agents, supervisors, management and union representatives on issues related to drug/alcohol and other personal problems which are affecting an employees work performance. A five day Referral Agent Training Program is offered and provides management, staff and union leaders with the knowledge and skills required to act as Referral Agents to ensure the employee gains access to services which are required. Program components include a basic history and description of the EAP process, overview of the role of the referral agent and community resources available to assist troubled employees, as well as skill development in basic communication.

Correctional Services

Chemical dependency services are provided to inmates of Stony Mountain Penitentiary and the Rockwood Institution through a contract with Corrections Services of Canada. Contractor staff deliver a total of three programs entitled: Chemical Dependency Awareness, Life Skills and the Sacred Tree Program. Inmates also receive assessment services, individual counselling sessions and referral to a formal treatment program, as required, upon their release.

WINNIPEG REGION HIGHLIGHTS

As part of the Manitoba driver education program Winnipeg Region staff were involved extensively in the finalization of the "**Over the Line**" component of the driver education manual. This program increases

participant awareness of the consequences of drinking and driving. This innovative program includes the use of music videos, student comic books and facilitator instructional guidelines. Staff also developed and delivered the trainer of trainers component of the program to various driver education instructors in Manitoba. The program was developed in conjunction with all Canadian provinces through the National Steering Committee on Impaired Driving Initiative.

Winnipeg Region staff have developed and delivered a variety of courses for the **Applied Counselling: "Specialization in Addiction Studies" Certificate Program** offered through the University of Manitoba. To date the following courses have been developed: Chemical Dependency Intervention, Substance Abuse and the Elderly, Alcoholism and the Native Population, Domestic Violence and Substance Abuse, Dynamics of Addiction in Families, Pharmacology, Relapse Management, Women and Addictions and Youth and Drugs.

As part of the **Youth Intervention Strategy Project**, a Student Assistance Program Handbook has been developed for Manitoba schools. Healthy Choices I, a six lesson general alcohol and other drug education package for high school students, was extensively revised as a result of experience and feedback obtained from the first year of the Strategy. The program will continue to be evaluated during its reintroduction in the 91/92 fiscal year. In-service training has been provided to teachers delivering the program.

The development of Healthy Choices II, a skill training/competency development program for high school students identified as being at "high risk" is underway.

A three-day **training program for guidance counsellors and school administrators** was delivered to Grant Park, Churchill, Kelvin and Glenlawn High Schools as well as to River Heights and Earl Grey Junior High Schools. The training was the first step in helping these schools develop a more comprehensive response to student needs in the area of drug and alcohol abuse. The focus of the session was on recognition, intervention, and referral of teenagers experiencing alcohol and drug problems.

Winnipeg Region staff assisted with the development and funding of a two-day training event on **School Based Responses to Children of Alcoholics**. Approximately 95 elementary school staff of Winnipeg School Division #1 attended the event. The training provided counsellors with information and skills on basic alcohol and drug information, recognition, intervention and counselling skills relative to students who are personally involved with alcohol or other drugs, or for students who are affected by a family member's chemical dependency.

As well, the **Youth Unit** has:

- been involved in the development of networks and negotiations associated with health care coverage for youth referred to out-of-province residential treatment facilities;
- acted as a community consultant with the Ad Hoc Working Group on HIV Prevention for Street Youth, Injection Drug Users and Prostitutes;
- participated as a member of the Interdisciplinary Working Group on Alcohol and Other Drug Abuse within the Public School System;
- participated in the Interdepartmental Committee on Ritual Abuse and Youth Involvement in Satanic Cults and the River East Community Initiative on Youth Drug and Alcohol Abuse.

A unique partnership in the form of a reciprocal training exchange was developed between the Child and Family Services Directorate and the **Women's Centre for Substance Abuse**. The AFM has provided training to Child and Family Services staff on families and substance abuse, and Child and Family Services has provided training to AFM staff on sexual abuse. It is anticipated that AFM will continue to seek out similar reciprocal training arrangements.

Additionally, the Women's Centre hosted a total of five orientation luncheons for agencies, including those in Satellite areas, that were not utilizing AFM's services. Presentations and overviews pertained to services offered at the Women's Centre. Approximately 33 agencies (78 participants) were represented. Feedback received was positive.

The **Seniors Pilot Project** was developed in consultation with the Winnipeg Regional Housing Authority. The program will undergo various evaluation and revision processes during the 1991/92 fiscal year. To date this program has received a positive response through feedback received by participants and consultation representatives.

The August 20-23, 1990 **AFM/University of Manitoba Summer School** was again an overwhelming success with a total of 250 individuals attending. As in previous years evaluations received were positive.

Staff from the **Satellite** areas were involved in peer leadership weekend-long training programs; drug awareness week activities, friendship fests, mall displays, together with various other community mobilization activities. AFM's Portage la Prairie office relocated from the Provincial Building to a larger more conducive location on Saskatchewan Avenue.

The AFM was again contracted to conduct the **Drugs In Perspective Course** to members of the Department of National Defense. The course was well received by the participants.

Winnipeg Region staff made a presentation at the **Manitoba Health Organization's Annual Conference**. The presentation included information on current trends and diagnostic skills in the field of chemical dependency. Additionally AFM presented an information booth at the M.H.O. Trade Show.

AFM was represented at the first **National Canadian Conference on HIV**. Such representation provided information for AFM facilities on the HIV virus and specific preventive education aimed towards the intravenous drug user.

In conjunction with the **Manitoba Medical Association**, Winnipeg Region staff were involved in developing a series of televised public service announcements on Fetal Alcohol Syndrome. Information gathered for these announcements was completed through the administration of pre and post surveys.

WESTERN REGION

Western Region provides services from offices located in Brandon, Ste. Rose du Lac, Dauphin, Minnedosa, Rossburn and Swan River.

WESTERN REGIONAL ADVISORY BOARD

The 14-member Western Regional Advisory Board is composed of interested and informed citizens representing Western Manitoba who act in an advisory capacity to the Western Regional Administrator and the Foundation's Board of Governors:

Mr. Phil Cels, Chairman
Mr. Don Hamilton, Secretary

Mr. Darryl Darling	Ms. Harlene McPherson
Prof. Jack Deines	Deputy Chief Keith Buizer
Ms. Elizabeth Gibson	Mr. Vern Sinclair
Ms. Beverley Hicks	Mr. Joe Tanner
Ms. Ilene Ranville	Mr. Hilton Stewart
Ms. Louise Phaneuf-Miron	Reverend Jim Wilcox

Mr. Lawrence McInnes (resigned November, 1990)
Mr. Gary Brawn (resigned November, 1990)
Pastor Ted Jannuska (resigned November, 1990)

The Advisory Board has actively participated in the design of a new facility for the treatment of alcohol and other drug abuse in Brandon and surrounding area. This project will continue to be a major activity as it enters the building phase during the next fiscal year.

The Advisory Board jointly sponsored a Communities Acting Now Conference in January, 1991 at the Riding Mountain Conference Centre, Onanole, Manitoba. The conference provided an opportunity for increased communication among community-based groups who are working toward improvement in the area of drug and alcohol abuse.

A presentation, on behalf of the Advisory Board, was made to the Consultation Committee on Alcohol, Drug and Substance Abuse in Manitoba.

A sub-committee of the Advisory Board was struck to discuss issues surrounding on-going Board membership. A number of recommendations were brought to the Board and will form the basis for further discussion.

TREATMENT SERVICES

Residential Programs

Primary Care is a residential care program (4 beds) for clients who require support during withdrawal from the use of chemicals. A nurse/counsellor team monitors the medical requirements of the client and initiates the treatment counselling component of the Unit prior to the client entering a formal treatment program. In Ste Rose, Primary Care is provided by the Ste. Rose du Lac Hospital.

Residential Treatment at Sun Centre in Brandon (15 beds) and Willard Monson House in Ste. Rose du Lac (15 beds) provides a 21-day residential treatment program for men and women. The program addresses the addiction problem and the reintegration of the client into the community through the support of family, friends and other resources.

The treatment program is holistic in its approach and relies on self-help organizations and agencies in the community to assist clients in recovery. While the program is co-educational, women where possible are counselled by female staff, attend women's groups, and have access to specific resource materials.

Non-Residential Programs

A **Non-residential Program** is available for those persons who have family/community supports and do not require the intensive daily intervention of a residential program. Individual and group sessions are designed to prevent the need for residential treatment, and to stabilize the individual within the community.

Community Addiction Workers (CAWs) in Rossburn, Minnedosa, Brandon, Dauphin and Swan River provide non-residential counselling services to clients in the Western Region. CAW staff liaise on an ongoing basis with helping agencies, caregivers, community and health groups to ensure a high standard of care for clients in their community.

Aftercare programs are available to all clients participating in treatment programs. Aftercare assists the client's reintegration into the community through the support of family, friends and other resources.

A Relapse Prevention Program assists those clients assessed as being at high risk of relapse. Client groups meet weekly with a counsellor and upon completion continue in a self-help mode.

Family Awareness Program groups are held to provide support for the affected relatives, friends and employers of the chemically dependent client. The **Family Program**, an eight-week education and awareness program combined with individual counselling complements services to families.

An Intake and Orientation Pilot Project was instituted and evaluated and subsequently adopted as standard operating procedure in the Western Region. The purpose of the program is to orient clients to the programs of the AFM and is presented in a group setting followed by an assessment interview on an individual basis. This orientation allows clients to enter the continuum of care without an appointment as well as to reduce the consequences for staff of "no-shows".

Impaired Drivers' Program (IDP)

Counsellors in Brandon and Dauphin provide assessment, referral, education and treatment services to impaired drivers in the Western Region. The IDP includes assessment services, education workshops, high risk program, non-residential and residential treatment program referrals.

PREVENTION AND EDUCATION PROGRAMS

Community prevention and education programming provides for the development and delivery of education programs in the treatment and prevention of chemical dependency. Western Region staff provide regularly scheduled programs, and are available to offer educational programs on a demand basis throughout the Region. Some of the specialized prevention/education programs include:

Student Placements

Sun Centre and Willard Monson House continue to serve as sites for student nurses (Brandon General Hospital and Brandon Mental Health Centre) to fulfil their field experience requirement. In addition, the AFM acts as a preceptor for Bachelor of Nursing students at Brandon University.

A Seniors Peer Counselling Program was developed to provide seniors with the knowledge and skills in early identification, intervention and referral of their peers who are experiencing problems. Western Region staff will be field-testing this program in the 1991/92 fiscal year.

Community Education Courses

Western Region staff provide a range of courses focusing on knowledge of addictions and skills related to the management of alcohol/drug related problems. Prevention Education Consultant (PECs) staff can assist organizations with customized courses.

Community Committees

Western Region staff are involved with community committees in Neepawa, Hamiota, Shilo, Minnedosa, Russell, Virden, Dauphin, Ste Rose du Lac, and McCreary, developing a variety of activities to raise public awareness of alcohol and other drug abuse problems. These committees, whose membership includes local citizens and professional staff from many areas who are interested in alcohol and drug prevention, were instrumental in mobilizing communities during National Drug Awareness Week 1990.

YOUTH PROGRAMS

A non-residential youth program is presently only available in Winnipeg. In the Western Region staff work with local youth groups, schools and community groups to provide support for youth in alcohol/drug free lifestyle activities.

"Tuning In To Health" (TITH) is a practical, comprehensive drug education program for grades 2-9 (optional). Western Region staff provide in-service teacher training and follow-up to this program which is widely used throughout the Region's schools.

Western Region staff provide presentations on alcohol and other drugs and organizational support to many **youth groups**, including Teens Against Drinking and Driving (TADD), sponsored by the Manitoba Association of School Trustees; Students Triumph Over Problems (STOP); Student Match Programs and Kids Interested in Staying Straight (KISS).

Employee Assistance Programs (EAPs)

Regional staff assist employers in establishing Employee Assistance Programs. The EAPs are designed to help employees/employers to identify the distressed employee, encouraging them to seek help and access to services required. Western Region staff can provide information sessions, consultation and training of labour and management in developing and maintaining an effective EAP policy.

WESTERN REGION HIGHLIGHTS

The **new Brandon facility** will be located on a leased acre of land on the Brandon General Hospital grounds. This unique location will further the close working relationship between the health caregivers and the AFM. The new building will have a capacity for 17 residential treatment beds and two Primary Care beds. The facility will also offer the non-residential services of intake, impaired drivers counselling, non-residential treatment, prevention and education, and family services.

A **needs assessment of unemployed clients** entering treatment was funded through a Federal grant from the Canada Employment Centre. Activities in the project included; conducting a literature review, identifying AFM client employment needs, developing employment concepts and strategies to address the AFM clients who are unemployed, and exploring the potential for job entry programs for unemployed AFM treatment clients. The recommendations will form the basis of further discussion with the Canada Employment Centre regarding the need for a pilot employment program specific to the needs of the recovering individual.

Staff continue to **network** throughout the Region with other agencies to promote understanding of early case-finding and improve the quality of referrals. Regional staff worked co-operatively with the Dauphin Wellness Committee, the Dauphin Suicide Action Committee, the Parklands Alcohol and Drug Action Committee, the John Howard Society Board, the Swan River Women's Abuse Committee, the Swan River Youth Justice Committee, the Brandon Youth Services Committee, Brandon Crime Prevention's Substance Abuse Steering Committee and other health committees.

The **Student Match Program** was expanded in the Region this year. A number of Brandon students participated in the Parkland Student Match training and as a result the program has been initiated at Vincent Massey High School.

In the Parkland area the number of youth and participating communities in the **Kids Interested In Staying Straight (KISS)** program has increased beyond expectation. There are now 15 participating groups that are actively planning awareness of alcohol/drug free lifestyle activities. The KISS program is sponsored by the Parkland Alcohol and Drug Action Committee and has received funding from the National Drug Strategy. Annual conferences are designed to provide students with skills to initiate community and school-based programs to combat alcohol and other drug abuse problems. AFM staff have been involved in the development and on-going activities associated with this program.

The Western Region continues to assist organizations in establishing and maintaining Employee Assistance Programs. A five-day Referral Agent Training Course was presented for employees of various organizations within the Region and presently local organizations are reviewing their programs to ensure continued effectiveness.

NORTHERN REGION

Northern Region provides services in Thompson, The Pas, Flin Flon, Gillam and Leaf Rapids areas of Manitoba.

NORTHERN REGIONAL ADVISORY BOARD

The Northern Regional Advisory Board is composed of interested and informed citizens who act in an advisory capacity to the Regional Administrator and the Board of Governors of the Foundation:

Mrs. Norma Leahy, Chairman
Mrs. Anna Denby, Vice Chairman

Mrs. Iva Chomyn
Const. Amanda Dodier
Mr. Blake McGrath
Mr. Cliff Rivers
Mr. Larry Soldier
Mr. Henry Wilson

Rev. Alan Armstrong
Mr. Vic Wiebe
Dr. Alan Rich
Ms. Jenny Wastesicoot
Ms. Vanessa Forbister

Mr. Ross Amell (resigned August 1990)
Mr. Ron Fields (resigned September 1990)
Mayor Don Maclean (deceased January 1991)

During 1990/91, the Advisory Board held an Open House, developed a strategy for Women's Programming, organized a community group to look at Youth Treatment Services and set up a committee to look at a regional strategy for Public Relations.

TREATMENT SERVICES

The **Polaris Place** facility offers a 21-day residential treatment program that addresses the problem of client addiction and the reintegration of the client into the community through the support of family, friends and community resources. The majority of Polaris Place clients are of Native ancestry. The Native Culture Program has been developed to recognize this fact. The program provides an introduction to some aspects of Native culture, to explore ways in which alcohol and drug use has interfered with the expression of traditional values and beliefs, and examines some of the issues surrounding cultural conflict.

The residential treatment program is co-educational and a women's group is an important part of the program. In addition to the regular programming, the group itself determines its own needs and presently includes such topics as parenting, self-image and relationships with partners in their discussions.

An eight-bed **Halfway House** is also located at Polaris Place. The House provides a supportive, drug-free environment for chemically-dependent individuals actively involved in a recovery program. The Halfway House assists these individuals who have completed the treatment program to prepare for return to the community. The program is self-supporting as clients pay room and board.

Aftercare is an important component in the recovery process. As a client progresses through treatment, Northern Region staff provide aftercare support. Client/counsellor contact is maintained for some time through residential/non-residential treatment, continuing care, community link-ups and follow-up.

A **Family Awareness Program** is also available. The purpose of this group is to help participants understand the impact of chemical dependence on family members.

Non-residential Treatment

Community Addictions Workers (CAWs) in The Pas, Thompson, Flin Flon, Gillam and Leaf Rapids provide non-residential treatment. This program is for clients who do not require the intensive daily intervention of a residential program. Staff work in the community with other groups and agencies who support the continuing recovery process.

Impaired Drivers' Program

The province-wide Impaired Drivers' Program is available in the Northern Region at Thompson and The Pas. Counsellor staff provide assessment, referral, education and treatment services for impaired drivers as mandated by the Highway Traffic Act. The Northern Region IDP includes assessment services, education workshops, high risk program, non-residential and residential program referrals.

PREVENTION AND EDUCATION PROGRAMS

Northern Region staff offer a variety of prevention and education services. Programs provide for the development and delivery of specialized presentations and/or workshops as they relate to the prevention and education of alcohol and other drug issues.

Prevention and education activities include the delivery of alcohol and drug awareness sessions for community caregivers, teachers and other professionals. As well regional staff receive numerous requests for public information and education presentations. Staff are involved in such workshops as Systematic Training for Effective Parenting (STEP), Management of Intoxicated and Disruptive Persons.

Community Education Courses

Northern Region staff offer courses focusing on knowledge of addictions and skills related to the management of alcohol/drug related problems. The Chemical Dependency Intervention Course (CDIC) is just one course available to Northern residents. Staff are also able to assist groups with customized courses.

YOUTH PROGRAMS

A treatment program for youth is available only in Winnipeg on a non-residential basis. Northern Region staff work within the community to promote alcohol and drug free lifestyle activities. Staff are available to assist students and teachers and regularly make presentations in the schools in the Region. In addition to teacher training and facilitating parent awareness sessions for the Tuning In to Health program, regional staff conduct workshops for school staff on such topics as signs and symptoms of drug use, helping children of alcoholics, and the effects of alcohol and other drugs. Staff also consult with school divisions in developing policy and procedures to help students who come to school under the influence.

Staff work with school groups to initiate programs that deal with leadership and that foster healthy lifestyles, for example Partners in Prevention and Student Match. They promote parenting groups and training through programs like STEP and Kids and Drugs, and provide facilitation when necessary.

Regional staff work closely with the Northern Hug-In Committee which organizes an annual "Hug-In". The Committee coordinates Hug-In

weekends where youth learn more about themselves and the skills that help prevent chemical abuse.

Employee Assistance Program

Norther Region staff work in the business community to develop Employee Assistance Programs. Staff can provide information sessions, consultation and training of labour and management in developing and maintaining an effective EAP policy. The purpose of EAP is provide a program whereby employees who have a personal problem of any kind (not only substance abuse) will know where helping resources are available.

NORTHERN REGION HIGHLIGHTS

An **Open House** at Polaris Place was held in conjunction with Drug Awareness Week, welcomed 150 guests. This provided an opportunity for Advisory Board members, Governor Burgess on behalf of the Board of Governors, and AFM staff to show the community what the AFM has to offer and create an awareness of the problem of alcohol and other drugs and how the AFM makes itself available to the community.

Activities which took place during **Drug Awareness Week** included a multi-media program "Be Excellent" in The Pas and Flin Flon, a "Dick Tracy Night" co-hosted by Thompson's Crime Prevention Committee, dry socials, drinking and driving presentations, mall displays and the distribution of special buttons and t-shirts.

As part of the **Youth Intervention Strategy Project Pilot**, Northern Region staff are working with the local high school to develop and implement a school policy and procedures relative to alcohol and other drug use and abuse.

The Northern Region is the largest geographic region that the AFM services. With staff in Thompson and four satellite offices, the needs of the north are met. To enhance services in the Region a three-year **prevention objective** was developed. The purpose of the objective is to develop the skills of community caregivers to support the actions that are taken to deal with local alcohol and other drug issues. This support network is an important step in serving the needs of Northern Manitobans.

Service to the smaller, remote communities is always a concern. Regional staff continue to provide services to the communities of Snow Lake, Lynn Lake, Cranberry Portage, Cormorant, Easterville, Grand Rapids, Wanless, and South Indian Lake.

FINANCE UNIT

The Finance Unit plans, controls and operates the accounting, internal audit, budgeting, finance and purchasing systems of the Foundation.

The Finance Unit provides a full range of services to the organization in the areas of financial planning, accounting, purchasing and internal audit. In addition to the development and operation of the Foundation's financial systems, the Unit is also responsible for the management information system (MIS) program and administration of Federal/Provincial cost shared programs.

During the course of the year, the Unit implemented a new system for accounting, accounts payable and management information purposes. The new system resulted from a comprehensive needs assessment which was initiated in order to improve the efficiency and effectiveness of the existing systems.

The process of conducting internal audits was commenced during the fiscal year. An internal audit of the Foundation's payroll system was conducted and audited operational compliance with established payroll policies and procedures and the terms of the Foundation's collective agreement.

The Department of Family Services completed an audit of Foundation eligibility requirements associated with the Federal/Provincial cost sharing agreement referred to as Vocational Rehabilitation of Disabled Persons (VRDP). The recommendations contained within the report were reviewed and will be implemented during the 1990/91 and 1991/92 fiscal years.

Disbursements (Unaudited)

Finance Unit	Actual 1990/91 \$	Estimate 1990/91 \$	Variance \$
	\$408,600	\$361,400	(\$47,200)

Note: This Unit has a complement of 4.26 staff years.

PERSONNEL UNIT

The Personnel Unit is accountable for the development, implementation and maintenance of a comprehensive human resource management program for the AFM.

A major focus for the staff this year was the review and revision of the Recruitment Manual. This manual is used by field staff when recruiting new staff and outlines the steps to follow. Training programs were conducted for staff involved in the Recruitment process. In 1990, a total of 40 new appointments were made as a result of the competition process (27 permanent and 13 term). This is down from 53 appointments made in 1989.

Employee Records were reviewed this year in preparation for the automation of an employee records data base. A summer student, sponsored through a SEED grant, was hired to assist in the preparation of information for data entry. Due to recent staff cutbacks, this automated system will not be proceeding at the rate initially forecast.

Sick leave information was reviewed for preparation of the annual sick leave usage report. A total of 1319.5 sick days were used by staff which averaged to 5.9 sick days per staff member. This number is down from the average of 8.0 sick days used by staff in 1989. The sick leave monitoring system and the promotion of employee wellness has contributed to the decline in sick leave usage. From information supplied by Statistics Canada, in comparison to average lost time due to illness, the AFM is 2.6% whereas the national average is 3% for all industry and 5% for the Health and Social Services occupation groups.

Labour Relations continued to occupy much time for the personnel staff. Grievances were received on suspension, termination and discipline. Only one grievance proceeded to arbitration, the remainder were settled within the organizational structure. Collective bargaining commenced and will continue in 1991. The Personnel Manager serves as Chief Spokesperson for the Foundation's negotiating team.

The Workplace Safety and Health Committees, chaired by Personnel staff, met at regular intervals. This year the fire evacuation plans and work alone plans were reviewed and revised as required. New members of the committee received training in Workplace Safety and Health through Manitoba Labour.

The AFM/MGEA Employee Assistance Committee met to discuss the program offered and to review statistics and concerns from the designated Referral Agents. A direction of the committee was to advocate the Employee Wellness concept, and as such, brown bag lunches were arranged for staff to hear information on various subject areas, e.g. financial planning. This theme will continue throughout 1991. The AFM also sponsors a lunch hour low impact aerobics program for staff of the AFM and Department of Highways. This program is co-ordinated through Personnel and Target Fitness, University of Manitoba.

Disbursements (Unaudited)

Personnel Unit	Actual 1990/91 \$	Estimate 1990/91 \$	Variance \$
	\$373,800	\$342,600	(\$31,200)

Note: This Unit has a complement of 4 staff years.

DRUG AND ALCOHOL AWARENESS AND INFORMATION DIRECTORATE

The common focus for this Directorate is the delivery of awareness and information services about drug and alcohol use, abuse and dependency. This focus is maintained and developed through the following units.

RESEARCH AND DATA SYSTEMS

The Research Unit conducts program evaluations, undertakes addictions-focused research, and coordinates the activities of external researchers involved with the AFM. The Unit also provides information and analysis of the program statistics and services of the AFM and its Funded Agencies. Client and program demographics are collected for all services delivered.

Research and Evaluation:

Primary activities of Research and Data Systems carried out during this year include:

- Completion of the **Impaired Drivers' Program Evaluation**, with the development of a technical report, a summary of study findings, and a companion document comprised of seventy-five charts and graphs related to this evaluation. Several presentations of the findings of this study have been given, including one to the Foundation's Board of Governors, as well as a presentation to major external stakeholders, including representatives of the law enforcement system, Manitoba Public Insurance Corporation, Manitoba Liquor Control Commission, Citizens Against Drunk Driving, and Manitoba Health, to name a few. The Justice Department, Government of Canada, which was a partial funder of this evaluation, will be publishing all three documents arising from this evaluation, in 1991/92. The Evaluation confirmed the effectiveness of the program and provided valuable additional information on the program and its clients.
- Completion of **FASTFACTS on Alcohol**, a quick-reference guide highlighting many of the questions and areas of information about which staff at the Foundation are often asked. The primary targets for distribution of this document, aside from Foundation staff, include students, professionals in allied fields of practice, and the lay public.

Copies are generally distributed through the AFM Library and regional resource centres.

- Continuation of the process and outcome evaluations of the Foundation's **Residential Treatment Program** and **Non-Residential Treatment Program**. The **Process Evaluation** components of these studies use a combination focus group/survey format to explore the impressions and opinions which staff and management have regarding the effectiveness, efficiency, timeliness and adaptability of the programs. The **Outcome** components of the evaluations explore the actual impact which the programs have had upon clients, and includes follow-up, data collection, as well as pre- and post-treatment data. Both of these evaluations will be continuing into 1991/92, given the longitudinal nature of data collection.
- Completion of the **Antiguan Youth Alcohol and Other Drug Study**, undertaken under the auspices of the Canadian International Development Agency (CIDA) for the Ministry of Home Affairs, Government of Antigua and Barbuda. In collaboration with Program Delivery, Research and Data Systems was responsible for assisting with revisions to related survey instruments, onsite training related to, and administration of the survey, arranging for and coordinating data entry, data analysis, and the development of the final report for the Government of Antigua and Barbuda.
- Consultation regarding evaluation of the school-based **Student Intervention Program**. Consultation included discussions regarding the primary questions for inquiry, initial meetings with the outside company contracted to undertake the evaluation, and assistance in negotiating the contract for this work.
- Completion of the evaluation of the Foundation's **Day Program**, with a presentation of the relevant findings to the Foundation's Management Committee for review. This was a limited examination of the implementation of this program and its clients during early stages of the development.
- Monitor and review external research projects which are intended to extend the understanding and knowledge of use, abuse and addiction to chemical substances. Related activities have been the review and approval of research projects undertaken by external researchers, collection of reports on relevant research projects, and limited undertakings of specific internal research activities.

UDS Information Systems:

In addition to research and evaluation-related activities, the unit maintains and runs the Foundation's information system, **the Uniform Data System (UDS)**. The UDS maintains a client database for the AFM and its funded agencies. Summary reports are made available to all programs on a quarterly basis. This information provides managers and supervisors with important information on client caseloads and changing demographics, with the provision of five year trend-lines.

In addition to regular periodic reports, **The Annual Statistical Review (ASR)** was completed and distributed within the Foundation and to AFM-Funded Agencies. The ASR, which is based on UDS data, is published to provide both Foundation programs and funded agencies with detailed information regarding client social and demographic indicators, as well as service statistics.

Unit staff are also available for consultation to AFM staff and external agencies regarding the development of special statistical reports based upon UDS data.

AWARENESS AND INFORMATION SYSTEMS

This Unit develops information systems and strategies which maintain and enhance communication among decision-makers, the general public, the addictions field, potential clients and the Foundation as a whole. The focus of the communication is on the use, abuse and addiction to chemical substances; issues and concerns in the field; and, the AFM and its services.

The unit undertook a variety of initiatives in support of the Foundation's primary objective. This included: public service spots and articles in various newspapers throughout the province, production of a directory of drug and alcohol services and programs in Manitoba; consultation and assistance for media reports on drug and alcohol articles and supplements; and production (alone and in partnership with others) of several new educational pamphlets. A major involvement of the unit is in Drug Awareness Week promotions centered on the production of promotional and informational materials for use by community groups, development of a media and community resource kit, and establishment and sponsorship of a provincial committee to encourage and support awareness initiatives connected to Drug Awareness Week.

Part of the Awareness and Information Unit's responsibilities was the development of a new visual identity and logo. This new VI is now used throughout the Foundation. Staff are continually developing/updating information pamphlets as required by the demands of the public, other professionals and staff. Consultation with other staff on what information is required and what needs to be revised is ongoing. During the past year, a Seniors pamphlet, Women, Alcohol-Drugs, Fetal Alcohol Syndrome and A Healthy Start were just a few of the projects completed.

PROGRAM AUDIT AND SERVICES STANDARDS

This Project, begun in 1985, was to develop and implement service standards and a process for auditing those standards within the Foundation. The Project involves the participation of staff from all Regions of the Province to ensure consistent, uniform service delivery, and to provide a method for measuring compliance through the use of interdisciplinary audit teams.

Due to the corporate reorganization and temporary reallocation of resources, further activity on this project is delayed.

WILLIAM POTOROKA MEMORIAL LIBRARY AND INFORMATION SERVICES

The William Potoroka Memorial Library in Winnipeg has the province's most comprehensive collection of books and other publications on alcohol and other drugs. The Library houses over 3,600 books, 350 films and videos, 75 periodicals and newsletters, over 100 vertical files containing various reference materials and newspaper clippings, and a wide variety of pamphlets and posters on drugs and alcohol.

All Library materials are available to the Manitoba public and in 1990/91, 75 per cent of the requests for information came from outside sources. These same public, student, and professional sources accounted for 74 per cent of the Library's circulation demand.

In 1990/91 the Library assisted in the development of resource centres in all the AFM treatment facilities. It also became a network member of the Canadian Centre on Substance Abuse Clearinghouse and now has access to its on-line bulletin board and can communicate by electronic mail with the

Centre and 15 other member libraries across Canada that specialize in alcohol and other drug issues and concerns.

Access to the Library collection is rapidly moving from card catalogues to an on-line catalogue and will eventually be made available to other libraries.

Disbursements (Unaudited)

Drug and Alcohol Awareness and Information Directorate	Actual 1990/91 \$	Estimate 1990/91 \$	Variance \$
	\$595,400	\$626,400	\$31,000

Note: This Directorate has a complement of 10 staff years.

STATISTICS

Public Information and Education Services

The Alcoholism Foundation of Manitoba provides an extensive range of information and education services for Manitobans. These services range from five-day intensive educational sessions for professionals, to seminars for employers and union representatives, to one- and two-hour awareness events for interested citizens and community groups. These services are provided by the AFM's Community Education Unit, Prevention Education Consultants and Rehabilitation Counsellors.

In 1990/91, the Foundation sponsored 621 information and education events attended by 19,151 participants. The types of sessions and the number of participants in attendance are shown in **Table 1**.

TABLE 1
INFORMATION AND EDUCATION SERVICES 1990/91

<u>TYPE OF PRESENTATION:</u>	<u>SESSIONS HELD</u>	<u>PARTICIPANTS</u>
<u>Staff Development Courses</u> (e.g. Chemical Dependency Intervention, Counselling Alcoholic Clients, etc.)	57	1,089
<u>Employee Assistance Programs</u> (Seminars for managers, employees and referral agents.)	68	613
<u>Structured Prevention Courses</u> (e.g. Tuning In To Health (TITH) tea; Women and Addictions, etc.)	46	694
<u>Special Education Workshops</u> (e.g. Networking/Referral for Treatment, Student Match, etc.)	65	1,445
<u>General Information Sessions</u> (e.g. Alcohol awareness, prevention, education, etc.)	99	9,076
<u>AFM/University of Manitoba Summer School: Current Issues in Chemical Dependency</u>	1	225
<u>Special Projects</u>	21	125
<u>Occasional Service Requests</u>	265	5,884
TOTALS	621	19,151

As illustrated in Table 2, participants in AFM information and education programs represent diverse backgrounds and vocations.

TABLE 2
INFORMATION AND EDUCATION PROGRAM PARTICIPANTS
1990/91

	<u>Number</u>	<u>Percentage</u>
Teachers, Principals and other School Personnel	1,517	7.9%
Health Workers (nurses, physicians, other health professionals)	1,833	9.6
Justice System (Probation Officers, lawyers, institutional staff)	123	0.6
Social Agency Staff (child and family services, youth residential workers, manpower and other social agencies)	857	4.5
Addiction agency staff	266	1.4
Employee Assistance Program staff and corporations	1,022	5.3
Students	7,498	39.2
General Public	5,490	28.7
Clients	486	2.5
Clergy	59	0.3
TOTAL	19,151	100%

TREATMENT SERVICES

Primary Care, residential treatment and non-residential treatment are three categories of treatment services for chemically-dependent persons provided by the Foundation. In the 1990/91 fiscal year, a total of 10,626 units of service were provided to a total of 5,949 individuals, excluding clients of the Impaired Drivers' Program (see Table 3). One individual may receive more than one unit of service. For example, an individual admitted to the Primary Care unit and subsequently transferred to a residential treatment program and then to a non-residential program would account for three units of service (see Table 3 and Figure 1).

TABLE 3
TREATMENT SERVICES UNITS 1990/91

<u>Treatment Services</u>	<u>AFM</u>	<u>Funded Agencies</u>	<u>Total</u>
<u>Primary Care</u>	808 (9.2%)	-	808 (7.6%)
<u>Residential</u>	1,374 (15.6%)	1,685 (92.5%)	3,059 (28.8%)
<u>Non-Residential</u>			
- Youth	469 (5.3%)	-	469 (4.4%)
- Adult	6,154 (69.9%)	136 (7.5%)	6,290 (59.2%)
TOTALS	8,805 (100%)	1,821 (100%)	10,626 (100%)

In 1989/90, the funded agencies' admissions accounted for 17.1% of service units. The AFM's Northern, Western and Winnipeg Regions accounted for 4.0%, 15.1% and 63.8% service units respectively (Figure 2).

Treatment Client Service Profile

Since 1979, the Foundation has operated a computerized data system for the Primary Care, residential and non-residential treatment services provided by both the AFM and the Funded Agencies.

Highlights from program statistics for 1990/91 are summarized as follows:

1. The number of individuals and admissions to AFM programs increased by 6.0% and 4.3% respectively. The numbers of individuals and admissions decreased for Funded Agencies by 5.1% and 5.3% respectively. (Figures 3 & 4.)

2. The number of service units increased for the AFM. In 1989/90, the AFM reported 8,296 service units, compared with 8,805 for 1990/91 (an increase of 6.1%). Funded agencies reported a decrease, from 1,914 service units to 1,821, a reduction of 4.9%. (See **Table 3**.)
3. Thirty-four percent of the individuals receiving service in 1990/91 were women and 66% were men (see **Figure 5**). These proportions have remained relatively constant over the past five years.
4. In 1990/91, 63.8% of the treatment population was under 35 years of age and 8.7% of individuals served were under 17 years of age (see **Figure 6**). Although the percentage of individuals aged 35 or older has declined somewhat over the past five years, their numbers have remained relatively constant between 2,000 to 2,400 per year.
5. In 1990/91, 48.9% of individuals receiving treatment services were unemployed (see **Figure 7**). This proportion shows a slight upward trend over 1989/90. By contrast, the proportion of employed persons showed a corresponding downward trend from 32.4% in 1989/90 to 31.5% in 1990/91. **Table 4** presents client employment status by gender. A review of the table reveals that there was a higher percentage of male unemployed clients (52.5%) than female unemployed clients (41.8%).
6. On a per capita basis, more individuals from Northern Manitoba (88.5 per 10,000) took part in treatment than from any other area of the province. The provincial average is 49.0 per 10,000. Rates for Winnipeg, Western and Central Regions were respectively 54.2, 43.0 and 25.1 per 10,000 population (see **Table 5**).
7. **Figure 8** presents a breakdown of client ethnicity by age. All three ethnic groups listed the highest age category serviced as 25-34 years. The Status Indian and Non-Status/Metis groups were over-represented, relative to the 'Other' group in the 18-34 age category.
8. In 1990/91, 30.6% of referrals to treatment services were either self-referred or referred by family or friends; 16.3% were referred from other chemical dependence treatment agencies, as part of the continuum of care. In addition, a total of 15.3% of clients were referred from one AFM program to another, while 16.7% were referred from the justice system (including law enforcement agencies, the courts, lawyers, the correctional system and the Division of Driver and Vehicle Licensing). The remainder of the referrals came from the health, education and social service systems, clergy, and from outside Manitoba.

9. 53.7 % of clients reported that their family income was less than \$10,000 (see Figure 9). Only 21.3% reported having a family income over \$25,000. These Figures are adjusted to exclude missing data.

TABLE 4
1990/91 TREATMENT SERVICES BY CLIENT
EMPLOYMENT STATUS OF INDIVIDUALS ADMITTED BY GENDER

<u>Employment Status</u>	<u>Male</u>	<u>Female</u>	<u>Totals</u>
<u>Employed Full Time</u>	1,178 (29.9%)	422 (20.9%)	1,600 (26.9%)
<u>Employed Part Time</u>	151 (3.8%)	124 (6.2%)	275 (4.6%)
<u>Unemployed</u>	2,068 (52.5%)	842 (41.8%)	2,910 (48.9%)
<u>Student Non- Vocational</u>	221 (5.6%)	181 (9.0%)	402 (6.8%)
<u>Student Vocational</u>	105 (2.7%)	53 (2.6%)	158 (2.7%)
<u>Retired</u>	92 (2.3%)	46 (2.3%)	138 (2.3%)
<u>Homemaker</u>	6 (0.2%)	284 (14.1%)	290 (4.9%)
<u>Other</u>	116 (3.0%)	63 (3.1%)	179 (3.0%)
TOTALS	3,937 (100%)	2,015 (100%)	5,952 (100%)

TABLE 5
1989/90 TREATMENT SERVICES BY CLIENT
RESIDENCE LOCATION OF INDIVIDUALS ADMITTED AND
PROPORTION OF POPULATION SERVED, BY HEALTH REGION

<u>AFM Region</u>	<u>H.S.D. Region*</u>	<u>Population**</u>	<u>Number of Cases</u>	<u>Per 10,000</u>
Central	Central	95,307	229	24.0
	Eastman	87,575	155	17.7
	Interlake	75,149	264	35.1
	Sub-Total	258,031	648	25.1
Northern	Norman	24,841	225	90.6
	Thompson	48,007	420	87.5
	Sub-Total	72,848	645	88.5
Western	Parkland	47,499	164	34.5
	Westman	117,531	545	46.4
	Sub-Total	165,030	709	43.0
Winnipeg		634,936	3,442	54.2
On Reserve			201	
Manitoba Residents		1,130,845	5,645	49.0
Outside of Manitoba			236	
Not Applicable/ NFA***			54	
TOTALS			5,935#	

* 201 cases reported as being members of Native Tribal Councils rather than by AFM region of residence.

** Population of Manitoba by Health Region in June 1990 (Department of Health).

*** No Fixed Address.

Data were unavailable for 17 clients.

Impaired Drivers' Program

The Impaired Drivers' Program (IDP) is an assessment, education and treatment service, provided in cooperation with the Division of Driver and Vehicle Licensing, for persons convicted of impaired driving offenses. A total of 3,494 impaired drivers were assessed by the program in 1990/91. This is an increase of 13% over 1989/90.

Table 6 gives the number of assessments by AFM service region for first and second offenders and for those with no convictions in the last five years.

TABLE 6
1990-91 IMPAIRED DRIVERS' PROGRAM
REGION BY STATUS

REGION	DDVL STATUS			TOTALS
	1st Offender	2nd Offender	No Conviction Last Five Years	
Winnipeg	2062 (70.9%)	412 (83.7%)	31 (33.3%)	2505 (71.7%)
Western	556 (19.1%)	54 (11.0%)	46 (49.5%)	656 (18.8%)
Northern	291 (10.0%)	26 (5.3%)	16 (17.2%)	333 (9.5%)
TOTALS	2909 (83.3%)	492 (14.1%)	93 (2.7%)	3494 (100%)

Assessment results indicate that 33.8% have no apparent problem requiring further follow-up action while 9% have an active chemical problem. A further 46.3% demonstrate a level of risk due to attitudes, lifestyles or other factors which requires at least a chemical substance education program.

Table 7 shows the global clinical assessment outcomes for first and second offenders and those with no conviction in the last five years.

TABLE 7
1990-91 IMPAIRED DRIVERS' PROGRAM
GLOBAL CLINICAL ASSESSMENT BY DDVL STATUS

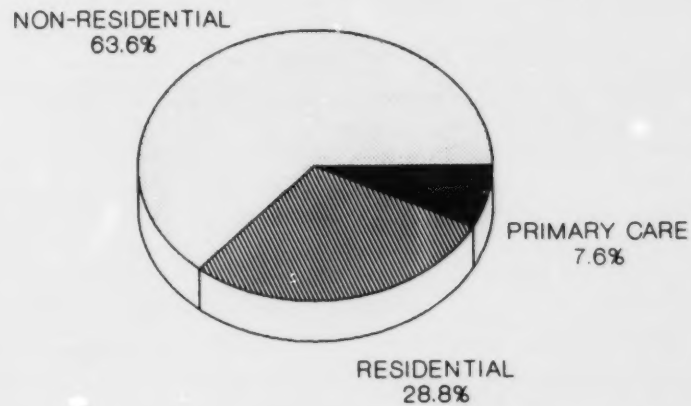
GLOBAL ASSESSMENT	DDVL STATUS			TOTALS
	1st Offender	2nd Offender	No Conviction Last 5 Years	
Non-Apparent Chemical Usage	1152 (39.6%)	14 (2.8%)	14 (15.1%)	1180 (33.8%)
Presumptive Chemical Usage	1310 (45.0%)	266 (54.1%)	42 (45.2%)	1168 (46.3%)
Active Chemical Problem	225 (7.7%)	81 (16.5%)	10 (10.8%)	316 (9.0%)
Problem Under Control	184 (6.3%)	123 (25.0%)	27 (29.0%)	334 (9.6%)
Assessment Not Completed	38 (1.3%)	8 (1.6%)		46 (1.3%)
TOTALS	2909 (83.3%)	492 (14.1%)	93 (2.7%)	3494 (100.0%)

William Potoroka Memorial Library

Overall, Library activities remained steady in 1990/91 with 3,476 persons coming in to the Library, 4,064 audio/visual loans and 3,545 books loaned and/or catalogued. The Library participates in inter-library loans with other public libraries across Canada.

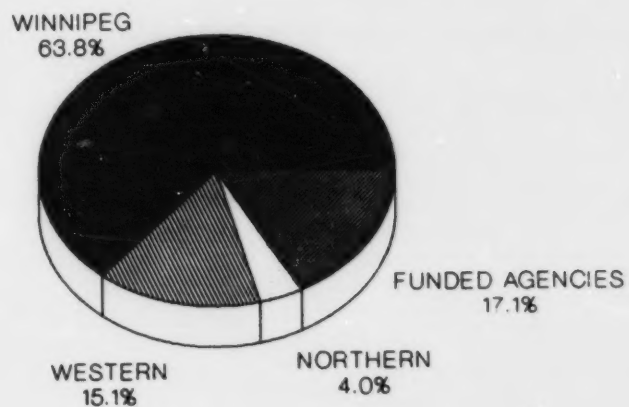
Figure 10 indicates the number and type of services provided by the AFM's library.

**FIGURE 1 - SERVICE UNITS
BY TYPE OF PROGRAM (1990/91)**



AFM REGIONS & FUNDED AGENCIES (N=10,626)

**FIGURE 2 - SERVICE UNITS
AFM Regions and Funded Agencies (90/91)**



N=10,626

**FIGURE 3 - AFM OVERVIEW
TOTAL INDIVIDUALS & ADMISSIONS (1986-91)**

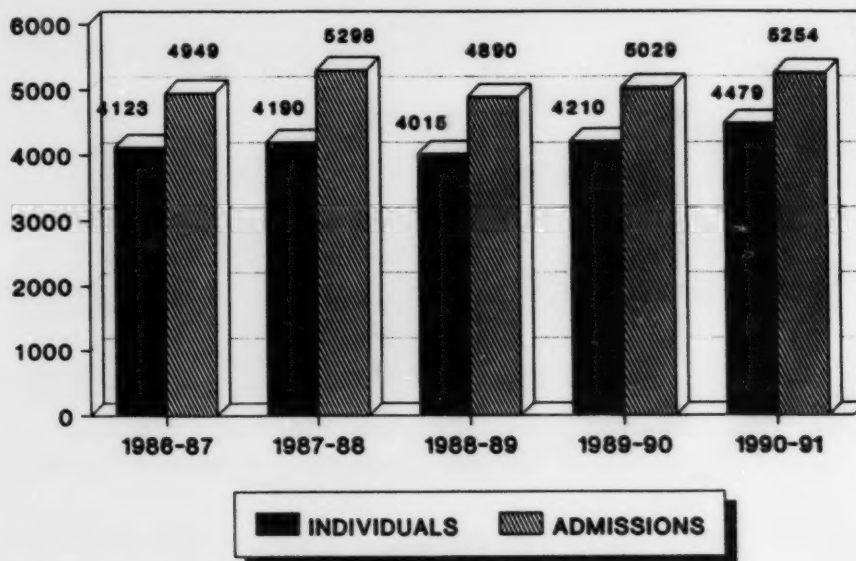
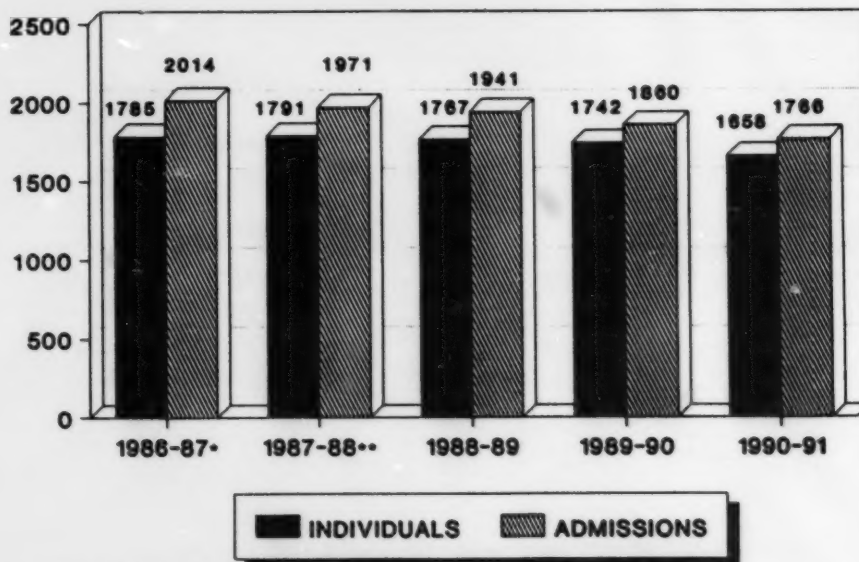


**FIGURE 4 - FUNDED AGENCIES OVERVIEW
TOTAL INDIVIDUALS & ADMISSIONS (1986-91)**



*Main Street Project(funded agency until 86/87)not included.
 **Women Post Treatment Centre, started in 1987/88, included.

**FIGURE 5 - INDIVIDUALS RECEIVING SERVICE
BY GENDER: AFM/FUNDED AGENCIES (1986/91)**

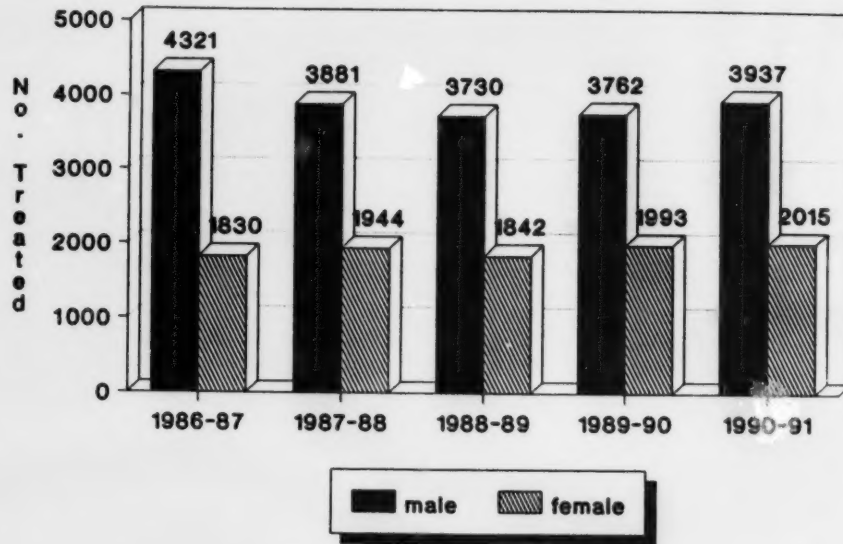
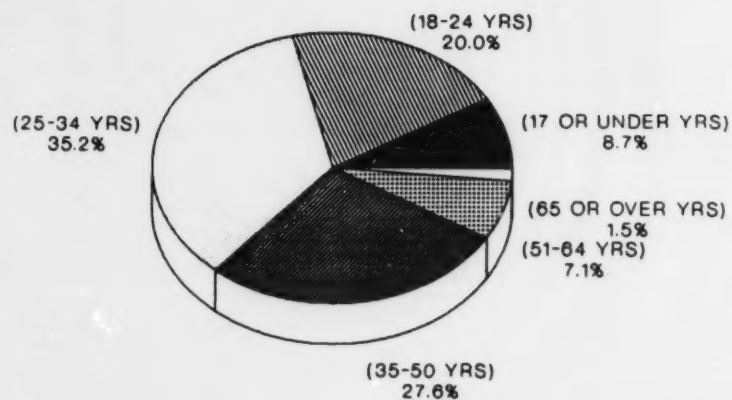
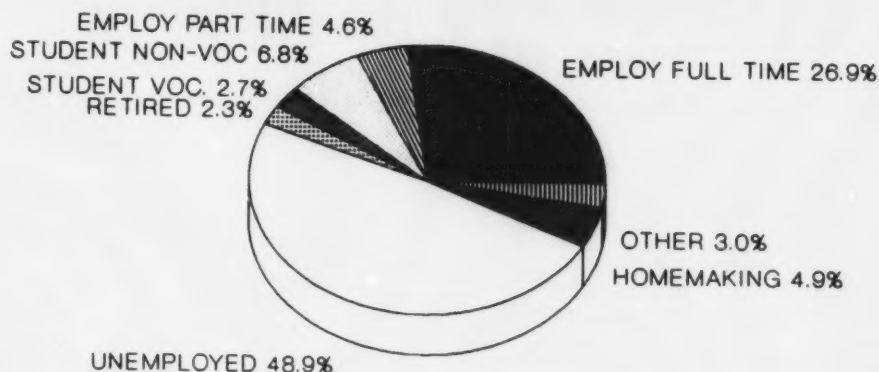


**FIGURE 6 - INDIVIDUALS RECEIVING SERVICE
BY AGE: AFM/FUNDED AGENCIES (1990/91)**



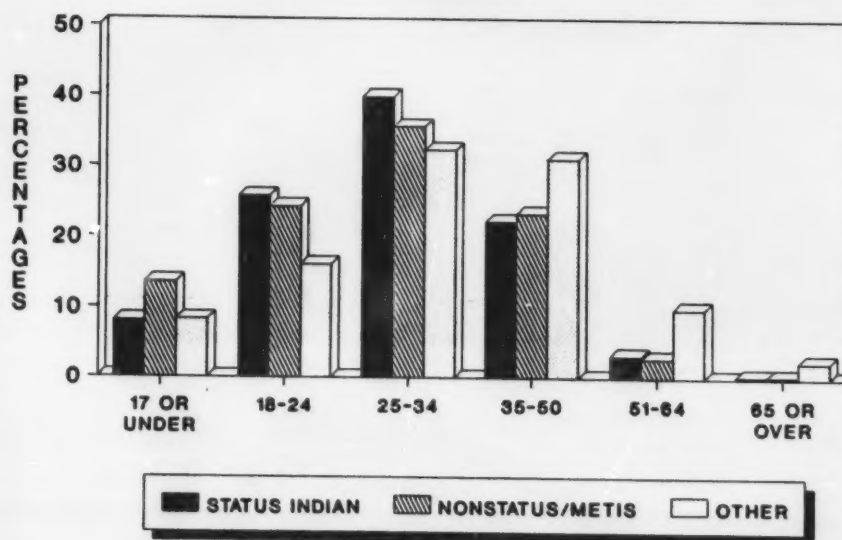
N=5952

**FIGURE 7-INDIVIDUALS RECEIVING SERVICE
BY EMPLOYMENT: AFM/FUNDED AGENCIES
(1990/91)**



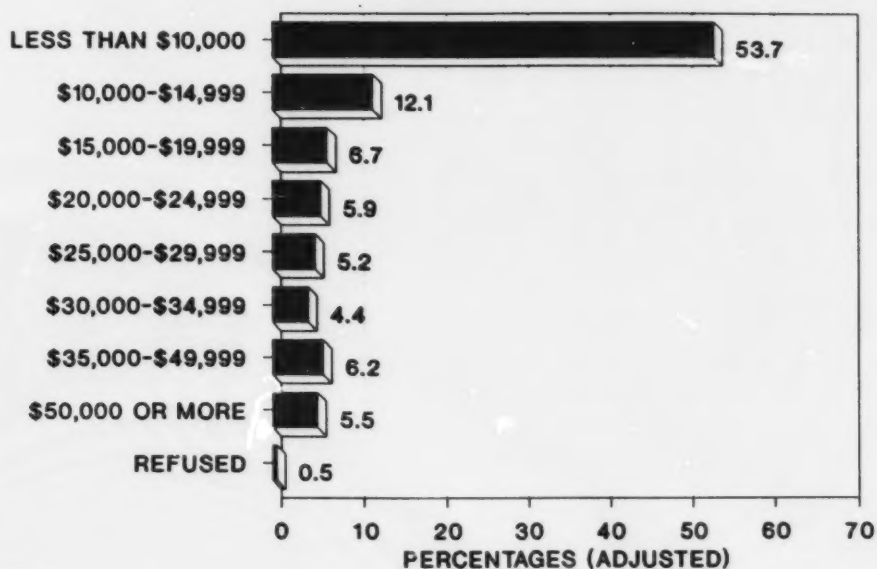
N=5952

**FIGURE 8 - INDIVIDUALS RECEIVING SERVICE
BY AGE/ETHNICITY: AFM/FUNDED AGENCIES
(1990/91)**



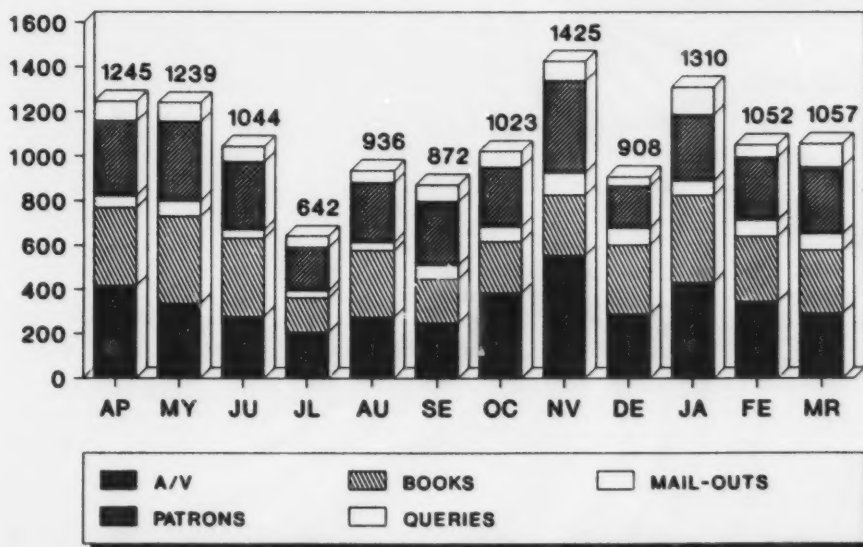
N=5949

**FIGURE 9 - INDIVIDUALS RECEIVING SERVICE
BY ANNUAL INCOME: AFM/FUNDED AGENCIES
(1990/91)**



N-5952

**FIGURE 10 LIBRARY INFORMATION SERVICES
ACTIVITY STATISTICS (APRIL/90-MARCH/91)**



DIRECTORY OF AFM SERVICES

A complete Directory of Services including descriptions of services offered at each office location is available from the AFM's Library at 1031 Portage Avenue, telephone 944-6233.

WINNIPEG REGION			
Provincial and Winnipeg Region Administration: 1041 Portage Avenue Winnipeg, Manitoba R3G OR8 Telephone: 944-6200 1031 Portage Avenue Winnipeg, Manitoba R3G OR8 Telephone: 944-6200		Youth Programs: 100 and 124 Nassau Street Winnipeg, Manitoba R3L 2H1 Telephone: 944-6235	
Women's Centre for Substance Abuse: River House 588 River Avenue Winnipeg, Manitoba R3L OE8 Telephone: 944-6229 Christie House 586 River Avenue Winnipeg, Manitoba R3L OE8 Telephone: 944-6229		Beausejour: Provincial Building 1st Street Beausejour, Manitoba ROE OCO Telephone: 268-1411	Locations Served: Beausejour, LaBroquerie, Lac du Bonnet, Niverville, Pinawa, Pine Falls, St. Pierre, Ste. Anne, Steinbach, Whitemouth and surrounding areas
Gimli: Johnson Memorial Hospital P.O. Box 449 Gimli, Manitoba ROC 1B0 Telephone: 642-5162	Locations Served: Arborg, Ashern, Eriksdale, Fisher Branch, Gimli, Riverton, Stonewall, Teulon, Winnipeg Beach and surrounding areas	Portage la Prairie: Box 1160 2nd Floor 9 Saskatchewan Ave W Portage la Prairie, Manitoba R1N 3J9 Telephone: 857-8353	Locations Served: Carman, Elm Creek, Eriksdale, Gladstone, Langruth, Long Plains, MacGregor, Morden, Portage la Prairie, Sandy Bay, Treherne, Westbourne, Winkler and surrounding areas
Selkirk: 3rd Floor - 343 Main St. Selkirk, Manitoba R1A 1T3 Telephone: 785-2354	Locations Served: Communities in the rural municipalities of Selkirk, St. Andrews and St. Clements		

DIRECTORY OF AFM SERVICES

WESTERN REGION			
Brandon:	Locations Served:	Brandon:	Locations Served:
Sun Centre Box 1508 Brandon, Manitoba R7A 6A6 Telephone: 727-6449	East from Brandon to Carberry; south to the U.S. border; west to the Saskatchewan border	Paterson-Matheson House Box 1508 Brandon, Manitoba R7A 6A6 Telephone 727-0468	Austin, Brandon, Carberry, Glenboro, Hartney, Pipestone, Reston, Shilo, Souris, Virden and surrounding areas
Dauphin:	Locations Served:	Minnedosa:	Locations Served:
32 - 1st Avenue N.W. Dauphin, Manitoba R7N 1K7 Telephone: 638-9230 or 638-3523	Alonsa, Crane River, Dauphin, Fork River, Grandview, Ochre River, Roblin, Sifton, Winnipegosis and surrounding areas	P.O. Box 40 Minnedosa, Manitoba R0J 1E0 Telephone: 867-3849	Kelwood, Minnedosa, Neepawa, Onanole and surrounding areas
Rosburn:	Locations Served:	Ste. Rose du Lac:	Locations Served:
P.O. Box 399 Rosburn, Manitoba R0J 1V0 Telephone: 859-2375	Foxwarren, Miniota, Rosburn, Russell, Sandy Lake, Shoal Lake and surrounding areas	Willard Monson House Box 490 Ste. Rose du Lac, Manitoba R0L 1S0 Telephone: 447-2929	Manitoba
Swan River:	Locations Served:		
Box 1450 Swan River, Manitoba R0L 1Z0 Telephone: 734-2030	Benito, Birch River, Camperville, Cowan, Lenswood, Mafeking, Minitonas, Pelican Rapids, Pine Creek, Swan River and surrounding areas		

2

DIRECTORY OF AFM SERVICES

NORTHERN REGION			
Flin Flon:	Locations Served:	Gillam:	Locations Served:
204-143 Main Street Flin Flon, Manitoba R8A 1K2 Telephone: 687-8218 or 687-8219	Cranberry Portage, Flin flon, Sheridan, Snow Lake and surrounding areas	Box 250 Gillam, Manitoba R0B 0L0 Telephone: 652-2288	Bird River, Gillam, Mord, Limestone, Sundance and surrounding areas
Leaf Rapids:	Locations Served:	Thompson:	Locations Served:
Box 225 Leaf Rapids, Manitoba R0B 1W0 Telephone: 473-8684	Leaf Rapids, Lynn Lake, South Indian Lake and surrounding areas	Polaris Place 23 Nickel Road Thompson, Manitoba R8N 0Y4 Telephone: 677-4541	Thompson and surrounding areas. The Impaired Drivers' Program also serves individuals from Churchill, Cross Lake, Norway House and Wabowden.
The Pas:	Locations Served:		
Box 2039 #1 St. Goddard Avenue The Pas, Manitoba R9A 1L7 Telephone: 623-5489	Cormorant, Easterville, Grand Rapids, Moose Lake, The Pas and surrounding areas. The Impaired Drivers' Program also services individuals from the Cranberry Portage, Flin Flon, Sheridan and Snow Lake areas.		

OTHER SERVICES AND AFM FUNDED AGENCIES

The Foundation cooperates with self-help groups in the community such as Alcoholics Anonymous, Alanon, Alateen, Narcotics Anonymous, Families Anonymous, and with other health, social service and addictions agencies providing services to Manitobans.

The Foundation funds nine addiction agencies external to the Foundation. These agencies provide a range of services to persons experiencing the effects of the abuse or misuse of alcohol and/or drugs and assist them in the recovery process and re-integration into the community and workforce.

A brief description of the services provided by each of these agencies is outlined below:

ALCOHOL RECOVERY INC. (ARI)

ARI operates a post-treatment program for men and women located in two seven-bed half-way houses in Winnipeg. The Foundation contributes an annual grant equivalent to the salary and operating costs of one employee.

CHURCHILL HEALTH CENTRE ALCOHOL PROGRAM

The Health Centre offers a non-residential counselling service provided by the Outreach Services section of the Health Centre. The Foundation provides an annual grant equivalent to the salary and operating costs of one employee in the Chemical Dependency Program.

KIA ZAN INC.

Kia Zan operates a 12-bed chemical dependency treatment centre for adults located at 60 Balmoral Street in Winnipeg and offers a three-month program which includes counselling and follow-up services. The Foundation contributes approximately 75 per cent of Kia Zan's total annual operating budget.

NATIVE ALCOHOLISM COUNCIL OF MANITOBA (NACM)

NACM operates a 20-bed residential facility located at 160 Salter Street in Winnipeg which emphasizes Native cultural and spiritual components as part of a 28-day rehabilitation program. The Native Alcoholism Council also operates Outreach programs funded by the Federal Government's National Native Alcohol and Drug Abuse Program (NNADAP).

ROSAIRE HOUSE (THE PAS HEALTH COMPLEX)

Rosaire House operates a 20-bed three-week rehabilitation program. The facility is operated by The Pas Health Complex under the guidance of the Hospital Board. The Foundation provides funding for the facility's full annual operating budget.

SAGKEENG ALCARE CENTRE

Sagkeeng operates a 40-bed residential treatment facility located on the Fort Alexander Reserve. The Foundation contributes funds to support treatment beds for services provided to clients who do not reside on the Reserve. The principal funder is the Federal Government's National Native Alcohol and Drug Abuse Program (NNADAP).

SALVATION ARMY HARBOUR LIGHT CORPS

This organization operates residential treatment programs for men, women and couples. The program also includes a sub-acute detoxification unit and a half-way house for men. A total of 63 beds are available for chemical dependency programs. The Foundation contributes approximately 25 per cent of the Corps' annual operating budget. Other external program funding sources include per diems from the City of Winnipeg.

ST. NORBERT FOUNDATION

The St. Norbert Foundation operates a 62-bed, three-month therapeutic community program for adults, couples and families. The program includes individual and family counselling, group therapy, and a work activity program. In addition, this agency operates youth treatment programs at its Lemay House and Kirkos House facilities. The Foundation contributes approximately 25 per cent of the total annual operating budget of the adult and family program.

WOMEN'S POST TREATMENT CENTRE (WPTC)

The Centre operates a non-residential program at 256 Toronto Street. the program provides outpatient counselling to women who have been traumatized by sexual abuse and have developed a drug/alcohol addiction. The Foundation contributes approximately 45 per cent of the core operating budget. Other program funding sources include Manitoba Community Services, Victims' Assistance Committee and various non-government services.

Disbursements (Unaudited)

Funded Agencies	Actual 1990/91 \$	Estimate 1990/91 \$	Variance \$
	\$1,921,500	\$1,921,500	-

ALCOHOLISM FOUNDATION OF MANITOBA

Unaudited Management Report

Net Disbursements Summary
for fiscal year ended March 31, 1991
with comparative figures for the previous fiscal year

Estimate 1990/91		Actual 1990/91	Actual 1989/90	Increase (Decrease)
\$ 209,000	Provincial Executive	\$ 201,600	\$ 189,200	\$ 12,400
\$ 704,000	Finance and Personnel Units	\$ 782,400	\$ 707,300	\$ 75,100
\$ 626,400	Drug & Alcohol Awareness & Information Directorate	\$ 595,400	\$ 582,500	\$ 12,900
\$ 8,200,300	Program Delivery Directorate	\$ 8,322,300	\$ 8,222,000	\$ 100,300
\$ 1,921,500	Funded Agencies	\$ 1,921,500	\$ 1,837,700	\$ 83,800
\$11,661,200	GROSS TOTAL	\$11,823,200	\$11,538,700	\$ 284,500
\$ 1,019,500	Less: Recoveries	1,220,400	1,234,300	\$ (13,900)
\$10,641,700	NET TOTAL	\$10,602,800	\$10,304,400	\$ 298,400

ALCOHOLISM FOUNDATION OF MANITOBA

Unaudited Management Report

**Five Year Net Disbursements and Staffing Summary (\$000)
for years ending March 31, 1987 - March 31, 1991**

ACTUAL						
	1986-87	1987-88	1988-89	1989-90	1990-91	
	SY	SY	SY	SY	SY	\$
Gross Disbursements	200.26	10,497.5	197.26	10,123.4	183.0	11,538.7
Less: Recoveries	-	431.7	-	806.5	-	1,234.3
Net Disbursements	200.26	10,065.8	197.26	9,316.9	183.0	10,304.4
					183.0	10,602.8



Manitoba

Office of the Provincial Auditor

THE ALCOHOLISM FOUNDATION OF MANITOBA

**Auditor's Report and Financial Statements
for the year ended March 31, 1991**



**Office of
the Provincial Auditor**

905 - 386 Broadway
Winnipeg, Manitoba, CANADA
R3C 3R6

AUDITOR'S REPORT

To the Legislative Assembly of Manitoba

We have audited the balance sheet of The Alcoholism Foundation of Manitoba as at March 31, 1991 and the statements of revenue, expenditure and retained earnings, unexpended capital grant and cash receipts and disbursements for the year then ended. These financial statements are the responsibility of the Foundation's management. Our responsibility is to express an opinion on these financial statements based on our audit.

We conducted our audit in accordance with generally accepted auditing standards. Those standards require that we plan and perform an audit to obtain reasonable assurance whether the financial statements are free of material misstatement. An audit includes examining, on a test basis, evidence supporting the amounts and disclosures in the financial statements. An audit also includes assessing the accounting principles used and significant estimates made by management, as well as evaluating the overall financial statement presentation.

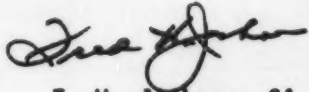
As reflected in note 4, the Foundation's unfunded pension liability at March 31, 1991 was \$5,261,418. In accordance with the Foundation's accounting policy, described in note 2, this liability and the related pension costs have not been reflected in these financial statements. In our opinion, however, this accounting policy is inappropriate because the obligations of the Foundation are not fully disclosed. If the unfunded pension liability and the associated pension costs had been recorded, the liabilities would have been increased and the funds available for future operations would have been decreased by \$5,261,418. Also, pension costs for the year ended March 31, 1991 would have been increased by \$775,687.

As at March 31, 1991, the Foundation recorded cheques issued subsequent to the year end, in payment of expenditures for the year then ended, as cash transactions rather than as accounts payable. If these payments had been properly recorded, cash and accounts payable would have been increased by \$266,137 as at March 31, 1991.

During the year, the Province of Manitoba paid for property renovations on behalf of and at no cost to the Foundation. This transaction has not been recorded by the Foundation. In our opinion the donated property renovations should be recorded at fair value in the financial statements. If the donated property renovations had been recorded at fair value, revenues and expenditures would have been increased by \$356,920 for the year ended March 31, 1991.

In our opinion, except for the failure to record unfunded pension liabilities and donated property renovations and the failure to properly reflect accounts payable, as described in the preceding paragraphs, these financial statements present fairly, in all material respects, the financial position of the Foundation as at March 31, 1991 and the results of its operations for the year then ended in accordance with the accounting policies stated in note 2 to the financial statements.

Winnipeg, Manitoba
September 20, 1991


F. H. Jackson, CA
Provincial Auditor

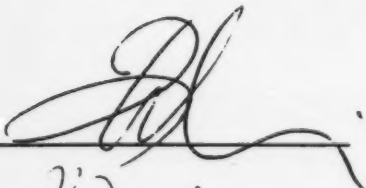
ALCOHOLISM FOUNDATION OF MANITOBA

MANAGEMENT REPORT

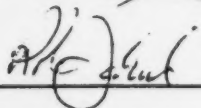
The accompanying financial statements are the responsibility of management and have been prepared in accordance with accounting policies stated in Note 2 to the financial statements. In management's opinion, the financial statements have been properly prepared within reasonable limits of materiality, incorporating management's best judgment regarding all necessary estimates and all other data available. The financial information presented elsewhere in the annual report is consistent with that in the financial statements.

Management maintains internal controls to provide reasonable assurance of the reliability and accuracy of the financial information and that the assets of the Foundation are properly safeguarded.

The responsibility of the Provincial Auditor and his staff is to express an independent professional opinion on whether the financial statements are fairly presented. The Auditor's report outlines the scope of the audit examination and provides the audit opinion.



Executive Director



Finance Administrator

EXHIBIT A

THE ALCOHOLISM FOUNDATION OF MANITOBA

(Incorporated under the laws of Manitoba)
Balance Sheet as at March 31, 1991

	1991	1990
A S S E T S		
Cash	\$ 481,489	\$ 542,527
Accounts receivable	98,479	95,751
Prepaid insurance	9,937	10,437
Land and buildings (Note 2)	1,968,315	1,894,657
	<u>\$ 2,558,220</u>	<u>\$ 2,543,372</u>
L I A B I L I T I E S		
Accounts payable and accrued liabilities	\$ 43,844	\$ 31,792
CAPITAL AND RETAINED EARNINGS		
Capitalized land and buildings	1,968,315	1,894,657
Unexpended capital grant, Exhibit C (Note 6)	106,346	282,504
Retained earnings, Exhibit B	439,715	334,419
	<u>2,514,376</u>	<u>2,511,580</u>
	<u>\$ 2,558,220</u>	<u>\$ 2,543,372</u>

Approved by the Board:

Chairman

Treasurer

THE ALCOHOLISM FOUNDATION OF MANITOBA

**Statement of Revenue, Expenditure and
Retained Earnings
Year Ended March 31, 1991**

	1991	1990
Revenue:		
Government of the Province of Manitoba operating grant	\$ 10,644,200	\$ 10,385,000
Other revenue (Note 5)	1,223,057	1,275,296
	<u>11,867,257</u>	<u>11,660,296</u>
Expenditure, Schedule 1:	<u>11,761,961</u>	<u>11,523,838</u>
Excess of revenue over expenditure	105,296	136,458
Retained earnings, beginning of year	334,419	197,961
Retained earnings, end of year, Exhibit A	<u><u>\$ 439,715</u></u>	<u><u>\$ 334,419</u></u>

EXHIBIT C**THE ALCOHOLISM FOUNDATION OF MANITOBA****Statement of Unexpended Capital Grant
Year Ended March 31, 1991**

	1991	1990
Unexpended capital grant, beginning of year	\$ 282,504	\$ -
Government of the Province of Manitoba		
specific purpose grant (repayment) (Note 6)	(102,500)	300,000
	180,004	300,000
Architect fees	48,310	9,525
Engineering fees	20,548	
Legal fees	3,138	5,196
Other	1,662	2,775
	73,658	17,496
Unexpended capital grant, end of year, Exhibit A	\$ 106,346	\$ 282,504

EXHIBIT D

THE ALCOHOLISM FOUNDATION OF MANITOBA

Statement of Cash Receipts and Disbursements
Year Ended March 31, 1991

	1991	1990
Cash receipts:		
Government of the Province of Manitoba:		
Operating grants	\$ 10,644,200	\$ 10,385,000
Capital grant (Note 6)	(102,500)	300,000
Other	1,220,414	1,234,312
	11,762,114	11,919,312
Cash disbursements:		
Operating, including grants to external agencies	11,749,494	11,521,189
Capital	73,658	17,496
	11,823,152	11,538,685
Excess of receipts (under) over disbursements	(61,038)	380,627
Cash, beginning of year	542,527	161,900
Cash, end of year	<u>\$ 481,489</u>	<u>\$ 542,527</u>

SCHEDULE 1

THE ALCOHOLISM FOUNDATION OF MANITOBA

Schedule of Expenditures Year Ended March 31, 1991

	1991	1990
Grants to other agencies	\$ 1,945,500	\$ 1,837,700
Salaries	6,092,188	5,945,786
Wages	731,535	699,607
Advertising and exhibits	34,963	23,184
Audio-visual aids	29,520	27,561
Audit	5,400	5,135
Board of Governors' honorarium	25,196	24,324
Books, newspapers and periodicals	27,561	25,686
Educational literature	71,231	73,889
Employee benefits	418,951	404,145
Fees	221,578	248,269
Food supplies	233,315	237,733
Furnishings and equipment	97,997	92,526
Health and post secondary education tax levy	153,179	148,325
Household supplies	73,225	80,919
Materials, repairs and maintenance	220,848	265,028
Medical services and supplies	120,063	130,919
Miscellaneous	27,381	24,630
Pension	106,103	108,153
Postage and telephone	211,715	195,723
Printing, stationery and office supplies	163,292	141,830
Rent, Insurance and Property Taxes	129,332	138,055
Research grants and evaluation projects	10,980	6,764
Staff development	74,153	62,215
Training	72,856	115,719
Transportation of patients	7,978	6,115
Travel and Automobile	300,815	298,490
Utilities	155,106	155,408
Total, Exhibit B	<u>\$ 11,761,961</u>	<u>\$ 11,523,838</u>

THE ALCOHOLISM FOUNDATION OF MANITOBA

Notes to Financial Statements Year Ended March 31, 1991

1. Nature of the Foundation

The Foundation is incorporated under the Alcoholism Foundation of Manitoba Act. The Foundation is the provincial authority responsible for providing prevention and treatment programs related to chemical misuse and dependency to individuals and communities; for conducting research into the negative effects of substance abuse; and in so doing, for promoting the health and well-being of Manitobans. The Foundation is a registered charity within the meaning of The Income Tax Act.

2. Accounting Policies

The accompanying financial statements have been prepared in accordance with generally accepted accounting principles with the exceptions that:

- a) pension charges are reflected when paid and reciprocal transfers are reflected when received (explained in Note 4),
- b) the costs of leasehold improvements, renovations, furniture, equipment and supplies are expensed in the year of purchase,
- c) there has been no provision made in the accounts for depreciation of buildings. The buildings were acquired with specific grant funds from the Government of the Province of Manitoba or donations. Land and buildings are valued at cost except for Matheson House, Brandon and Polaris Place, Thompson which are each recorded at a nominal value of \$1, and
- d) accrued vacation pay is not recorded. The unrecorded liability amounted to \$592,609 as at March 31, 1991 (\$543,998 - March 31, 1990).

3. Lease Commitments

The Foundation leases buildings and equipment under long-term operating leases which expire at various dates between 1991 and 1995. Some of these leases contain renewal options at rates to be negotiated. The following is a schedule by years of future minimum rental payments required under operating leases that have initial lease terms in excess of one year, as of March 31, 1991:

1992	\$30,433
1993	26,256
1994	16,998
1995	<u>1,986</u>
	<u>\$75,673</u>

THE ALCOHOLISM FOUNDATION OF MANITOBA

**Notes to Financial Statements
Year Ended March 31, 1991**

4. Pension

Employees of the Alcoholism Foundation of Manitoba are pensionable under the Civil Service Superannuation Fund and make contributions at prescribed rates. The Foundation is required to pay 50% of the Fund's pension disbursements made to retired employees and these are charged to pension expenditures as paid. The Foundation records 50% of the pension benefit transfers under reciprocal agreement as other revenue when received. No provision is made in the accounts to fund current or past service costs but the Superannuation Fund is subject to a triennial actuarial review. Based on formulas provided in an actuarial report completed as at December 31, 1989, the estimated unfunded liability on an indexed basis for the Foundation's employees amounted to \$5,261,418 as at March 31, 1991 (\$4,485,731 as at March 31, 1990).

5. Other Revenue

	<u>1991</u>	<u>1990</u>
Impaired Drivers Program fees	\$ 748,690	\$ 706,105
Recovery of wages, medical services and travel expenditure	104,966	100,635
Service contracts	83,339	156,171
Training course fees	63,348	56,526
Donations	5,252	36,185
Pension benefit transfer under reciprocal agreement	1,253	-
Interest	124,855	66,083
Conference fees	25,200	49,300
Property rental	22,299	19,996
Miscellaneous	43,855	84,295
	\$1,223,057	\$1,275,296

Included in recovery of wages, medical services, travel expenditures and service contracts is \$120,202 (1990 - \$147,848) from the Government of Canada; \$0 (1990 - \$14,792) from the Government of the Province of Manitoba; \$68,103 (1990 - \$69,166) from the Manitoba Health Services Commission; and \$0 (1990 - \$25,000) from the Manitoba Health Research Council.

THE ALCOHOLISM FOUNDATION OF MANITOBA

Notes to Financial Statements
Year Ended March 31, 1991

6. Province of Manitoba Capital Grant

The Foundation repaid, due to reduced cash flow requirements, \$102,500 of the \$300,000 grant it received in the 1990 fiscal year for the construction of a new facility in Brandon. The Foundation has received approval for the new facility and provincial support will total \$1,446,000. On March 21, 1991, the Foundation approved a contract for the construction of the facility in the amount of 1,267,792.

7. Related Party Transaction

The Foundation received a benefit from the Province of Manitoba for renovations to Foundation property in the City of Winnipeg. The renovations were in the amount of \$356,920. These costs were incurred and administered by the Department of Government Services of the Government of the Province of Manitoba. These costs have not been reflected in the financial statements.

8. Comparative Figures

Comparative figures have been restated where necessary to conform with the presentation adopted for the current year.